

Facing your own giants

Is there something that is limiting progress in your support-raising?
Even if others think it isn't all that much of an issue, if it is holding you back then it is a 'giant' to you and you need to learn how to deal with it.

A belief that is limiting me in my support raising is _____

Where did this belief come from?

Who gave you this limiting belief?

Do you respect the people who have given you this belief?

What is holding on to this limiting belief costing you on a daily basis?

How will holding this limiting belief affect you and others you love in the long term?

How would your life be different if you were to give up this limiting belief?